

September is National Suicide Prevention Month!

The Lackawanna-Susquehanna
Behavioral Health/ Intellectual Disability/Early Intervention Program is pleased to sponsor:

Helping Youth Recognize Signs of Depression and the Warning Signs of Suicide

Presenter: Matthew B. Wintersteen, PhD

Intended Audience: Family Members and Caregivers

Date: September 29, 2020 12:30pm to 2:00pm

Description: Parenting is a challenge. This is particularly true when faced with adolescents who are exhibiting signs of anxiety and depression. This presentation will provide information on depression and include meaningful information for parents to help them intervene when concerned about a child and/or their friends.

Location: via Zoom!

Join Zoom Meeting

<https://zoom.us/j/3179940118?pwd=dVlVbmdVRDFwWnBPZEtsVTlXckt6Zz09>

Meeting ID: 317 994 0118 Passcode: OfS1eW

PHONE Dial by your location

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Matthew B. Wintersteen, Ph.D., is Associate Professor and Director of Research in the Division of Child and Adolescent Psychiatry at Sidney Kimmel Medical College at Thomas Jefferson University in Philadelphia. His grant-funded work supports his role as facilitator of the Pennsylvania Higher Education Suicide Prevention Coalition, a collaborative partnership among nearly 100 campuses across Pennsylvania and beyond designed to support one another in developing meaningful and effective methods of reducing suicide deaths on campus. Dr. Wintersteen was also awarded a grant from Vibrant to expand Pennsylvania's coverage of the National Suicide Prevention Lifeline. Additionally, he was recently awarded federal funding to examine the effectiveness of a comprehensive aftercare program for suicide attempters, as well as support statewide efforts to improve continuity of care for individuals of all ages affected by suicide. He has served on national and international task forces convened by the Suicide Prevention Resource Center, the American Association of Suicidology, the American Foundation for Suicide Prevention, the National Suicide Prevention Lifeline, Suicide Awareness and Voices of Education, and the National Institute of Mental Health. Dr. Wintersteen was a consultant to the National Center for the Prevention of Youth Suicide (NCPYS), serves on Pennsylvania Governor Tom Wolf's Suicide Prevention Task Force, and is on the Executive Board of Prevent Suicide PA, after spending nearly a decade as the Co-Chair of the Pennsylvania Youth Suicide Prevention Initiative.